

## **New York State Department of Education CPR and First Aid Requirements and certification for Coaches**

All classes at CPRed will fulfill the NYSED CPR and First Aid Requirements for public school coaches.

Coaches working with NY State Public Schools are required to have a CPR/AED class every two years and an advanced first aid class at least every 3 years.

Instructions:

- 1) Buy the NSC Advanced First Aid Manual on Amazon (new or used)  
[www.amazon.com](http://www.amazon.com)



- 2) Read chapters 4-21  
Answer multiple choice questions at the end of each chapter
- 3) Sign up for a CPR/AED with First Aid class at [www.CPRed.com](http://www.CPRed.com)  
Attend class at CPRed. (bring both book and answer sheets pre-done)
- 4) Your New York State NYSED certificate will then be issued

Call or email us with any additional questions about the program:  
914 497 8998 [info@Cpred.com](mailto:info@Cpred.com)